



Level I One Day DWI/Alcohol and Drug Awareness Program Overview

Program Overview

Our One Day DWI/Alcohol and Drug Awareness class is an educational program taught in a small classroom setting. It is taught as a one day, 8-12 hour education program.

The Level I One Day DWI/Alcohol and Drug Awareness Program is an educational program designed for:

- first time impaired driving offenders with low BAC (pre-court or post conviction) who need to satisfy legal requirements related to DWI convictions for court or probation department.
- anyone who has a personal concern about alcohol or drug use with minimal indicators of past problems associated with alcohol and other drug use or misuse.
- individuals who need a Level I (up to 12 education hours) to meet state requirements for license reinstatement.

This program is for individuals with no prior diagnosis of Substance Abuse or Substance Dependence, and no other problems related to alcohol use and/or drug use or misuse. This program is not a substitute for therapy or a treatment program.

Program Goal

The goal of the class is to help participants prevent future driving while impaired by alcohol and/or other drugs. Participants are required to take an active role in the class through active listening, class discussions, and completion of exercises.

This course will help clients learn to use more self-control over their lives by developing strategies and skills to prevent the behaviors and actions which are detrimental to themselves and others.

The goals of this course are to:

- Prevent recidivism – prevent future driving under the influence or the illegal activity related to alcohol and/or other drug use.
- Prevent relapse – become aware of personal habits and choices to prevent returning to a pattern of alcohol and other drug use that is destructive and disruptive to living a normal life.

Course Content

Topics covered in the One Day DWI Class include:

- Program Orientation: Expectations and Goals
- Consequences and effects of alcohol and/or other drugs on your life and others.
- DUI Laws – penalties, outcomes and consequences related to driving while impaired
- Examination of personal patterns of alcohol and/or drug use and how use patterns become habits that can lead to disruptive/destructive patterns.
- How to change thought patterns to develop awareness and self-control over actions.
- Developing a plan to prevent getting another DUI.
- Responsible decision making regarding alcohol and/or drug use and driving.

Schedule of Classes:

One Day DWI Classes are currently held on Saturdays at the Brooklyn Park location, located at 7040 Lakeland Ave. N, Brooklyn Park MN, 55428.

Upon successful completion of the program, each client will be provided a certificate of completion.

If a client wishes to have a copy of their completion information forwarded to an organization/person such as probation, DMV, or attorney, clients should bring the contact information with them to class.

Call 612-282-5576 to reserve your seat. Seating is limited.